


2023/2024 Batch Year 1 Semester 1 Final Time Table


Week 1

Time	Day 1 Monday 09.12.2024	Day 2 Tuesday 10.12.2024	Day 3 Wednesday 11.12.2024	Day 4 Thursday 12.12.2024	Day 5 Friday 13.12.2024
8.00-9.00	Introduction to Anatomy & Dissections Anatomy Lecture Dr KD	Connective tissues Anatomy Lecture Dr LP	Biomolecules 1: Water and Carbohydrates Biochemistry Lecture Dr. WITF	Introduction to the Physiology curriculum Lecture Head/Physiology	Biochemistry Reading time 3
9.00-10.00	Multicellular organism and cell Anatomy Lecture Dr. JD	Human skeleton, Bone, cartilage and ossification Anatomy Lecture Dr. SJ	Biochemistry Reading time 1	Homeostasis Physiology Lecture Prof. PD	Biomolecules 3: Lipids and Nucleic acids Biochemistry Lecture Dr. AWDTA
10.00-10.15	TEA BREAK				
10.15-11.15	Microscopy Anatomy Lecture Dr. JD	Introduction to muscular system, Muscle structure Anatomy Lecture Dr LP	Biomolecules 2: Amino Acids and Proteins Biochemistry Lecture Dr. SPRPP	Physiology Reading Time	Body Composition Physiology Lecture Prof. PD
11.15-12.15	Epithelia and glands Anatomy Lecture Dr. JJ	Introduction to Upper limb Anatomy Lecture Dr WK	Biochemistry Reading time 2		Physiology Reading Time
12.15-1.15	LUNCH BREAK				
1.15-2.15	IAM Introduction Lecture Dr. WK	PPD Introduction Lecture Prof. CD	ENGLISH Venue: ELTU BLOCK 	ENGLISH Venue: ELTU BLOCK	ENGLISH Venue: ELTU BLOCK
2.15-3.15	ENGLISH Venue: ELTU BLOCK	ENGLISH Venue: ELTU BLOCK			
3.15-4.15					

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Week 2

Time	Day 6 Monday 16.12.2024	Day 7 Tuesday 17.12.2024	Day 8 Wednesday 18.12.2024	Day 9 Thursday 19.12.2024	Day 10 Friday 20.12.2024		
8.00-9.00	Introduction to Nervous System, typical spinal nerve, dermatomes, myotomes, UL dermatomes and cutaneous innervation Anatomy lecture Dr WK	Shoulder, pectoral region, Axilla and brachial plexus Anatomy lecture Dr SJ	Cell and Plasma Membrane Biochemistry Lecture Prof. CNRAA	Membrane transport and ion channels Physiology Lecture Dr. DN	Biochemistry Reading time 5		
9.00-10.00			Biochemistry Reading time 4		Introduction to Learning Biochemistry Biochemistry Lecture Head/ Biochemistry		
10.00-10.15	TEA BREAK						
10.15-11.15	Microscopy and cell Histology Practical Group 1-5 Dr JD	Microscopy and cell Histology Practical Group 11-15 Dr LP	Enzymes Biochemistry Lecture Dr. WITF	Physiology Reading Time	RMP & AP Physiology Lecture Prof.TD		
11.15-12.15							
12.15-1.15	LUNCH BREAK						
1.15-2.15	Microscopy and cell Histology Practical Group 6-10 Dr SJ	Microscopy and cell Histology Practical Group 16-20 Dr KD	PPD & English  Chairperson	Physiology reading time	Orientation to the Laboratory, Lab Safety and Instrument Handling Biochemistry PD Dr. SPRPP & all Biochemistry staff (Gr. 1-10)	Physiology reading time	Orientation to the Laboratory, Lab Safety and Instrument Handling Biochemistry PD Dr. SPRPP & all Biochemistry staff (Gr. 11-20)
2.15-3.15							
3.15-4.15	Anatomy Reading Time	Anatomy Reading Time					

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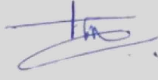
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Week 3


Time	Day 11 Monday 30.12.2024	Day 12 Tuesday 31.12.2024	Day 13 Wednesday 01.01.2025	Day 14 Thursday 02.01.2025	Day 15 Friday 03.01.2025		
8.00-9.00	Epithelia, glands and CT Histology practical Group 6-10 Dr JD & SJ	Epithelia, glands and CT Histology practical Group 16-20 Dr LP & KD	Regulation of Enzyme Activity Biochemistry Lecture Dr. WITF	Synaptic transmission Physiology Lecture Prof. TD	Electron Transport Chain Biochemistry Lecture Prof. CNRAA		
9.00-10.00			Biochemistry Reading time 6	Physiology Reading time	Glycogen Metabolism Biochemistry Lecture Dr. WITF		
10.00-10.15	TEA BREAK						
10.15-11.15	Epithelia, glands and CT Histology practical Group 11-15 Dr WK & JJ	Epithelia, glands and CT Histology practical Group 1-5 Dr JJ & WK	Introduction to Energy for the Cell and Glycolysis Biochemistry Lecture Dr. WITF	Physiology Reading Time	Neuromuscular junction Physiology Lecture Prof. TD		
11.15-12.15			TCA Cycle Biochemistry Lecture Dr. WITF		Physiology Reading time		
12.15-1.15	LUNCH BREAK						
1.15-2.15	Osteology of Upper Limbs Gross Anatomy Practical Dr JJ	Introduction to Dissection Anatomy Dissection Whole Batch Dr KD	<i>Meet your Mentor</i>	Body composition /Osmotic fragility Physiology PD Prof. PD & Physiology (Gr. 1 -10)	Cell and Biomolecules Biochemistry PD Dr. AWDTA & all Biochemistry staff (Gr. 11-20)	Body composition /Osmotic fragility Physiology PD Prof. PD & Physiology (Gr. 11 -20)	Cell and Biomolecules Biochemistry PD Dr. AWDTA & all Biochemistry staff (Gr. 1-10)
2.15-3.15			HGEHSV Programme				
3.15-4.15			 Chairperson				

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Week 4

Time	Day 16 Monday 06.01.2025	Day 17 Tuesday 07.01.2025	Day 18 Wednesday 08.01.2025	Day 19 Thursday 09.01.2025	Day 20 Friday 10.01.2025		
8.00-9.00	Arm, cubital fossa and Forearm Anatomy lecture Dr WK	Human skeleton, Bone, cartilage and muscle Histology Practical Group 1-5 Dr SJ	HMP Shunt, and Metabolism of Fructose and Galactose Biochemistry Lecture Dr. SPRPP	Contraction & relaxation of Muscle Physiology Lecture Prof. TD	Metabolism of Fat, Ketone Bodies and Cholesterol I Biochemistry Lecture Prof. CNRAA		
9.00-10.00	Classification of Joints Anatomy Lecture Dr KD		Metabolism of Amino Acids Biochemistry Lecture Dr. AWDTA				
10.00-10.15	TEA BREAK						
10.15-11.15	Human skeleton, Bone, cartilage and muscle Histology Practical Group 6-10 Dr WK	Human skeleton, Bone, cartilage and muscle Histology Practical Group 16-20 Dr LP	Enzymes Biochemistry SGD 1 Dr. WITF & all Biochemistry staff	Physiology reading time	Changes in muscle mass to meet the functional demand Physiology Lecture Dr. DN		
11.15-12.15							
12.15-1.15	LUNCH BREAK						
1.15-2.15	Human skeleton, Bone, cartilage and muscle Histology Practical Group 11-15 Dr JD	Superficial veins and cutaneous innervations Anatomy Dissection Whole Batch Dr. JD	English & PPD  Chairperson Curriculum Co-Ordinating Committee Faculty of Medicine University of Peradeniya	Enzyme Activity and Energy Metabolism Biochemistry PD Dr. WITF & all Biochemistry staff (Gr. 1-10)	Physiology reading time	Enzyme Activity and Energy Metabolism Biochemistry PD Dr. WITF & all Biochemistry staff (Gr. 11-20)	Physiology reading time
2.15-3.15							
3.15-4.15	Anatomy Reading Time						


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Time	<i>Week 5</i>						
	Monday 13.01.2025	Tuesday 14.01.2025	Day 21 Wednesday 15.01.2025	Day 22 Thursday 16.01.2025	Day 23 Friday 17.01.2025		
8.00-9.00	Holiday	Holiday	Metabolism of Fat, Ketone Bodies and Cholesterol II Biochemistry Lecture Prof. CNRAA	Introduction to thermoregulation Physiology Lecture Prof. SDIN	Integration of Metabolism Biochemistry Lecture Dr. SPRPP		
9.00-10.00			Biochemistry Reading time 7	Physiology Reading Time			
10.00-10.15	TEA BREAK						
10.15-11.15	Holiday	Holiday	Gluconeogenesis Biochemistry Lecture Dr. WITF	Physiology Reading Time	Physiology Reading Time		
11.15-12.15			Biochemistry Reading time 8				
12.15-1.15	LUNCH BREAK						
1.15-2.15	Holiday	Holiday	English & PPD 	Biochemistry Reading Time	Physiology reading time	Biochemistry Reading Time	Physiology reading time
2.15-3.15							
3.15-4.15							

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Week 6

Time	Day 24 Monday 20.01.2025	Day 25 Tuesday 21.01.2025	Day 26 Wednesday 22.01.2025	Day 27 Thursday 23.01.2025	Day 28 Friday 24.01.2025		
8.00-9.00	Pectoral region ,scapular region Anatomy Dissection Whole Batch Dr SJ	Hand Anatomy lecture Dr KD	Biochemistry Reading time 9	Regulation of body temperature Physiology Lecture Prof. SDIN	Metabolism of Purines and Pyrimidines Biochemistry Lecture Dr. AWDTA		
9.00-10.00			Tissue-specific Metabolism Biochemistry Lecture Dr. AWDTA		DNA Replication Biochemistry Lecture Dr. SPRPP		
10.00-10.15	TEA BREAK						
10.15-11.15	Pectoral region, scapular region Anatomy Dissection Whole Batch Dr. LP	Axilla and Brachial Plexus Anatomy Dissections Shoulder joint prosections/imaging Dr. WK	Bioenergetics and Metabolism Biochemistry SGD 2 Dr. AWDTA & all Biochemistry staff	Physiology Reading time	Foundation to Human Physiology SGD Prof. TD and all Physiology staff		
11.15-12.15							
12.15-1.15	LUNCH BREAK						
1.15-2.15	Pectoral region, scapular region Anatomy Dissection Whole Batch Dr. KD	Axilla and Brachial Plexus Anatomy Dissections Shoulder joint prosections/ imaging Dr. JJ	PPD & English  Chairperson Curriculum Co-Ordinating Committee Faculty of Medicine University of Peradeniya	Biochemistry Reading Time	Measuremen t of body temperature Physiology PD Prof SDIN & Physiology Staff (Gr. 1-10)	Biochemistry Reading Time	Measurement of body temperature Physiology PD Prof SDIN & Physiology Staff (Gr. 11-20)
2.15-3.15							
3.15-4.15							

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Week 7

Time	Day 29 Monday 27.01.2025	Day 30 Tuesday 28.01.2025	Day 31 Wednesday 29.01.2025	Day 32 Thursday 30.01.2025	Day 33 Friday 31.01.2025		
8.00-9.00	Arm(anterior) and cubital fossa Anatomy Dissections Elbow joint prosections/images Dr SJ	Forearm flexor compartment Anatomy Dissections Whole Batch Dr KD	RNA Synthesis (Transcription) Biochemistry Lecture Prof. CNRAA	Composition of Blood Physiology Lecture Prof. ASA	Biochemistry Reading time 11		
9.00-10.00			Protein Synthesis (Translation) Biochemistry Lecture Prof. CNRAA		Cell Cycle Biochemistry Lecture Dr. SPRPP		
10.00-10.15	TEA BREAK						
10.15-11.15	Arm(anterior) and cubital fossa Anatomy Dissections Elbow joint prosections/images Dr . JD	Cell Cycle & division Anatomy Lecture Dr WK	Biochemistry Reading time 10	Physiology Reading Time	Anaemia & Polycythaemia Physiology Lecture Dr DN		
11.15-12.15		Introduction to imaging Radiology lecture Prof SR	Regulation of Gene Expression Biochemistry Lecture Dr. SPRPP				
12.15-1.15	LUNCH BREAK						
1.15-2.15	Forearm flexor compartment Anatomy Dissections Whole Batch Dr LP	Palm of Hand Anatomy Dissections/Prosections Whole Batch Dr JJ	<i>Meet your Mentor</i>	Biochemistry Reading Time	Physiology reading time	<i>Biochemistry Reading Time</i>	Physiology reading time
2.15-3.15			Reading Time				
3.15-4.15							

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Week 8

Time	Day 34 Monday 03.02.2025	Tuesday 04.02.2025	Day 35 Wednesday 05.02.2025	Day 36 Thursday 06.02.2025	Day 37 Friday 07.02.2025	
8.00-9.00	Embryology Lecture I&II Anatomy Lecture Dr KD	Holiday	Biochemistry Reading time 12	Haemostasis Physiology Lecture Prof. PD	Fat-soluble Vitamins Biochemistry Lecture Dr. HRLM	
9.00-10.00			Biochemistry Reading time 13			
10.00-10.15	TEA BREAK					
10.15-11.15	Forearm extensor compartment and dorsum of the hand Anatomy Dissections Wrist joint prosections/images Whole Batch Dr JD	Holiday	Genetic Information Biochemistry SGD 3 Dr. SPRPP & all Biochemistry staff	Introduction to lower limb Anatomy lecture Dr JJ	Bleeding/ haemostatic disorders Physiology Lecture Prof. PD	
11.15-12.15				Thigh and gluteal region Anatomy lecture Dr KD		
12.15-1.15	LUNCH BREAK					
1.15-2.15	Forearm extensor compartment and dorsum of the hand Anatomy Dissections Wrist joint prosections/images Whole Batch Dr WK	Holiday	PPD & English	Biochemistry Reading Time	Composition Of blood Physiology PD Prof. PD &All Physiology Staff (Gr. 11-20)	Composition Of blood Physiology PD Prof. PD &All Physiology Staff (Gr. 1-10)
2.15-3.15					Biochemistry Reading Time	
3.15-4.15						

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Week 9

Time	Day 38 Monday 10.02.2025	Day 39 Tuesday 11.02.2025	Day 40 Wednesday 12.02.2025	Day 41 Thursday 13.02.2025	Day 42 Friday 14.02.2025		
8.00-9.00	Osteology and surface anatomy of the lower limb and pelvic girdle Anatomy dissections (Whole Batch) Dr. SJ	Embryology Lecture III&IV Anatomy Lecture KD	Holiday	Autonomic Nervous system Physiology Lecture Prof. SDIN	Biochemistry Reading time 14		
9.00-10.00				Ankle joint and Foot Anatomy Lecture Dr JJ	Minerals I Biochemistry Lecture Dr. AWDTA		
10.00-10.15	TEA BREAK				TEA BREAK		
10.15-11.15	Superficial veins and cutaneous innervations of lower limb Anatomy dissections (Whole Batch) Dr LP	Gluteal Region Anatomy dissections Hip joint Prosections/images (Whole Batch) Dr. SJ	Holiday	Hospital Visit -1 (Group 1-10)	Hospital Visit-1 (Group 11-20)		
11.15-12.15							
12.15-1.15	LUNCH BREAK				LUNCH BREAK		
1.15-2.15	Anterior and medial compartments of the thigh Anatomy dissections (Whole Batch) Dr. JJ	Gluteal Region Anatomy dissections Hip joint prosections/images (Whole Batch) Dr. WK	Holiday	Biochemistry Reading Time	Physiology Reading time	<i>Biochemistry Reading Time</i>	Physiology Reading time
2.15-3.15							
3.15-4.15							

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Week 10

Time	Day 43 Monday 17.02.2025	Day 44 Tuesday 18.02.2025	Day 45 Wednesday 19.02.2025	Day 46 Thursday 20.02.2025	Day 47 Friday 21.02.2025		
8.00-9.00	Genetics Lecture I & II Anatomy Lecture Dr. JD	Posterior compartment of leg Anatomy dissections (Whole Batch) Dr LP	Biochemistry Reading time 15	Blood groups & Transfusions Physiology Lecture Dr. DN	Biochemistry Reading time 16		
9.00-10.00			Minerals II Biochemistry Lecture Dr. AWDTA			Physiology Reading time	Biochemistry Reading time 17
10.00-10.15	TEA BREAK						
10.15-11.15	Clinical correlations of upper limb Clinical Anatomy lecture Orthopedic surgeon	Foundation to Anatomy tutorial Dr JD	Water-soluble Vitamins Biochemistry Lecture Dr. HRLM	CCR 1	Overview of the immune system Physiology lecture Prof. ASA		
11.15-12.15	Leg Anatomy Lecture Dr WK				Physiology Reading time		
12.15-1.15	LUNCH BREAK						
1.15-2.15	Posterior compartment of thigh and popliteal fossa Anatomy dissections knee joint prosections/images (Whole Batch) Dr. JD	Posterior compartment of leg Anatomy dissections (Whole Batch) Dr KD	PPD & English  Chairperson	Biochemistry Reading Time	Haemostasis Physiology PD Dr. DN & Physiology staff (Gr. 1-10)	Biochemistry Reading Time	Haemostasis Physiology PD Dr. DN & Physiology staff (Gr. 11-20)
2.15-3.15							
3.15-4.15							

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Week 11

Time	Day 48 Monday 24.02.2025	Day 49 Tuesday 25.02.2025	Day 50 Wednesday 26.02.2025	Day 51 Thursday 27.02.2025	Day 52 Friday 28.02.2025
8.00-9.00	Genetics III & IV– Chromosome Anatomy Lecture Dr. JD	Anterior compartment of leg and dorsum of foot/tarsal tunnel Anatomy dissections (Whole Batch) Dr WK	Holiday	Upper limb Tutorial Dr WK	Vitamins and Minerals Biochemistry SGD 4 Dr. HRLM & all Biochemistry staff
9.00-10.00					
10.00-10.15	TEA BREAK				
10.15-11.15	Pedigree construction Anatomy Lecture Dr. JD	Inheritance Lecture 1 and 2 Anatomy Lecture Dr. JD	Holiday	Blood Physiology SGD Prof. PD and all Physiology staff	Lower limb Tutorial Dr KD
11.15-12.15	Clinical correlations of the lower limbs Anatomy Lecture Orthopedic surgeon				
12.15-1.15	LUNCH BREAK				
1.15-2.15	Anterior compartment of leg and dorsum of foot/tarsal tunnel Anatomy dissections (Whole Batch) Dr JJ	Sole of the foot Anatomy dissections Ankle joint, joints of the foot Prosections/images (Whole batch) Dr. JD	Holiday	Hospital Visit 2 (Group 1-10) 	Hospital Visit 2 (Group 11-20)
2.15-3.15					
3.15-4.15					

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Week 12

Time	Day 53 Monday 03.03.2025	Day 54 Tuesday 04.03.2025	Day 55 Wednesday 05.03.2025	Day 56 Thursday 06.03.2025	Day 57 Friday 07.03.2025
8.00-9.00	Human Evolution Anatomy Lecture Dr. JD	Gait Anatomy lecture Dr JD	Biochemistry Reading time 18	Hospital Visit -3 (Group 1-10)	Reading Time
9.00-10.00	Radiological Anatomy of Limbs Anatomy lecture Prof. BH	Structure functional relationship of hand and foot Anatomy Lecture Dr. JD	Biochemistry Reading time 19		
10.00-10.15	TEA BREAK				
10.15-11.15	Sole of the foot Anatomy dissections Ankle joint, joints of the foot prosections/images (Whole Batch) Dr SJ	Blood supply and lymph drainage of the limbs Anatomy Lecture Dr SJ	CCR 2	Hospital Visit-3 (Group 11-20)	Reading Time
11.15-12.15					
12.15-1.15	LUNCH BREAK				
1.15-2.15	Pedigree Practical Dr. JD (Lecture Theatre)	Mock spot	Meet Your Mentor	CCR 3	Reading Time
2.15-3.15			Reading Time		
3.15-4.15					

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Module & Module Co-ordinators

Venue for Lectures: East Lecture Theater

MED 1101 - Foundation to Human Anatomy and Anatomy of Limbs Module - Dr. JK Dissanayake

MED 1102 - Foundation to Human Physiology - Prof. Padmini Dahanayake

MED 1103 - Biomolecules and Metabolism - Dr. SPRP Premathilake

MED 1104 - Personal and Professional Development Prof. C. Dalugama

MED 1105 - Integrated Applied Medicine 1A Module - Prof. V. Pinto

Name and the Department s of the teachers involved in the teaching programme:

Department of Anatomy

Dr. KD - Dr. Keerthie Dissanayake (Head)

Dr. JD - Dr. JK Dissanayake

Dr. LP - Dr. LYV Pathirana

Dr. WK - Dr. W Kosgallana

Dr. JJ - Dr. Jayamini Jayarathne

Dr. SJ - Dr. Sumudu Jayawardana

Department of Physiology

Prof. PD -Prof. P Dahanayake (Head)

Prof. TD - Prof. T Dassanayake

Prof. SDIN - Prof. SDI Nanayakkara

Prof. ASA - Prof. AS Ariyasinghe

Dr. DN - Dr. Damsara Nandadeva

Department of Biochemistry

Prof. CNNRAA - Prof. CNRA Alles (Head)

Dr. WITF - Dr. WIT Fernando

Dr. SPRPP - Dr. SPRP Premathilake

Dr. AWDTA - Dr. AWDT Ambagaspitiya

Dr. HRLM - Dr. HRL Maddumabandara

Department of Radiology

Prof. BH - Prof. B Hewavithana

Department of Medicine

Prof. CD - Prof. C. Dalugama

Department of Pediatrics

Dr. WK - Dr. Wasana Kiridana -

Department of Anesthesiology

Prof. V. Pinto

23/12/2024 to 27/12/2024 - Christmas Vacation



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